

Below you will find information about what your child's year group will cover in RSE. If you would like to discuss any of the information further, please speak with your child's class teacher.



Relationship and Sex Education coverage:

Year 6– Growing and changing

In this unit your child will continue to learn about puberty and sexual reproduction. They will learn:

- To recognise some of the changes they have experienced and their emotional responses to those changes
- The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs
- To challenge stereotypical portrayals of people
- That people can feel pressured to behave in a certain way because of the influence of the peer group
- To give examples of some of the physical and emotional changes associated with puberty and strategies to support this
- To identify situations where someone might need to break a confidence in order to keep someone safe
- To identify the changes that happen through puberty to allow sexual reproduction to occur
- About personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing

Vocabulary

HIV infection immune system virus transmission sexual contact Condom embryo
womb sexual intercourse consensual surrogacy adoption IVF age of consent FGM
media manipulation stereotype peer pressure body image self esteem