

Subject Specific Vocabulary Progression

| Unit/Area of Learning | Class R | Class 1 | Class 2 | Class 3 | Class 4 | Class 5 | Class 6 |
|------------------------------|---|---|--|--|--|--|--|
| Me and my relationships | special practice effort same different favourite family help special people friends feelings happy sad emojis kind helpful | rules safe responsibility work together body language emotions safe support behaviour hurt heal friendship making up listening | caring friendly showing feelings bullying teasing repeated regular | cooperate collaborate falling out making up compromise conflict point of view dare persuade continuum opinions respectful courteous challenging strategies point of view calm apologise | unkind tease bully pressure independent facial expressions body language physical effects collaboration collaborative teamwork rude aggressive consequences face-to-face assertive respectful positive, healthy qualities excluded negotiate devastated | negotiation resolution insensitive sensitive unhealthy relationship verbal abuse physical abuse sexual abuse uncomfortable touching unsafe assertive passive aggressive non-verbal tone of voice | privacy settings identity theft secure privacy settings identity theft secure appropriate inappropriate illegal marriage civil partnership forced marriage negotiation |
| Valuing differences | special likes dislikes favourite same different kind unkind family home kindness new friend | same different difference respect unkindness tease teasing bully bullying behaviour rules safe | unique respect behaviour calm aggressive solve feelings cooperate kindness feelings listening being listened to | adoption fostering same-sex couple blended family community belonging cooperation listening skills politeness courtesy manners similarities | Stereotype Apologise sharing acquaintances body space invade negotiation compromise | excluded discrimination prejudice metaphor diverse multicultural society sex sexual orientation gender identify gender expression embarrassed reactions | gender stereotype media influence assumption cultural norms empathy witness bystander |

| | | | | | | | |
|---------------------|--|---|---|--|--|--|---|
| | friendship | fair special people qualities feelings fair unfair bullying | problem | differences identity name calling prejudice disability gender race colour sexuality | | consequences | |
| Keeping myself safe | keep clean keep safe sleep water food fresh air cuddle medicine chemist doctor grown up safe unsafe detective tummy feelings uncomfortable worried tell adult trust address | energy oxygen exercise healthy dairy fruit vegetables sugar salt cereal meat rest grow tired feelings worried nervous scared support unsafe emotions loss lost medicine safe harmful | safety getting help touch uncomfortable hurt surprise secret genitals consent permission | danger (dangerous) risk (risky) strategies consequence drugs cigarettes nicotine alcohol browsing phishing search engine fake news internet safety public profile personal - information decisions strategies helpful instructions | influence consequences persevere choices social norm dare assertive privacy privacy settings security danger dangerous hazard hazardous | habit addiction cyberbullying pressure resist pressure assessing risk risk taking norms perception | social media parental consent trolling online safety sharing illegal sexual images legal medical non-medical drug laws age restrictions penalties short-term effects long-term effects |

| | | | | | | | |
|------------------------------|--|--|---|--|--|--|--|
| | | responsibility private trust privates | | | | | |
| Rights and responsibility | family friends working together look after responsibility help each other helpful be alone caring environment litter electricity pollution recycling money shop buy cost pay save safe place | hygiene routine clean environment responsibility needs responsible responsibility rules money cost bills spending afford money bank coin note worth saving safe first aid risk accident danger hazard | share take turns listen feelings control erupt uniform environment | volunteer wellbeing helper healthy fact opinion waste income earning | income tax national insurance VAT deductions public services expenditure essential conservation anti-social behaviour witness influence opinion respectful courteous democracy reliable trustworthy | biased unbiased duties voluntary group community group pressure (action) group wages salaries rent Fair Trade borrow loan credit debit interest public services council vote elections councillors | proposal amendments penalties enforcement majority House of Commons House of Lords Royal Assent democracy manifesto candidate voting policies voting booth ballot slip ballot box constituencies MP environmentally -sustainable composting recycling transport shop local food miles |

| | | | | | | | |
|-------------------------|---|---|--|---|--|---|---|
| | | kettle burn scald accident emergency | | | | | campaign bid mission statement pitch grant beneficiary tax (PAYE) VAT bank (building society) account Junior ISA interest debit card |
| Growing and changing | seasons spring summer autumn winter cycle growing life cycles baby child teenager adult old age family baby love care grow private parts penis vagina | organ heart lungs intestines brain stomach oxygen digested caring attention change growing tease teasing bully bullying witness experience getting help surprise secret uncomfortable privates hygiene | change loss feelings emotions frightened nervous rest sleep unique special testicles nipples genitals privacy consent permission first aid risk accident danger hazard kettle safe burn | relationships positive healthy trust caring personal space body space invade stop respect touch secret surprise feelings uncomfortable angry upset jealous worried excited scared talk egg sperm | marriage live together civil partnership forced marriage secret surprise puberty menstrual cycle eggs periods menstruation sanitary pads tampons menstruation cup puberty pubic hair eggs sperm testicles breasts ovaries womb vagina labia | wellbeing resilience trust resilience unwanted attention unwanted touch separation fostered vaginal opening urinary opening scrotum foreskin anus wet dream erection stretch marks crush genitalia semen mood swings prejudice biological sex sexual orientation gender identity | HIV infection immune system virus transmission sexual contact condom embryo womb sexual intercourse consensual surrogacy adoption IVF age of consent FGM media manipulation stereotype peer pressure body image self esteem manipulation |

| | | | | | | | |
|---------------|--|--|--|--|--|--|--|
| | | | scald accident emergency | puberty period ovary fallopian tube uterus (womb) lining vagina sanitary pad tampon menstruation cup | compromise hormones | gender expression verbal abuse physical abuse | |
| Being my best | bounce back encourage try again food energy exercise grow sleep healthy wash fruit vegetable dairy heart muscles routine calm sleep | starchy dairy protein fruit vegetables vitamins portion healthy fruit vegetables dairy meat sugar salt cereal germs disease hygiene learning practice make mistakes confidence achievement praise support feedback encourage | practice encourage goal achieve challenge unhealthy vaccination injection disease hygiene germs teeth dental hygiene oxygen water rest brain heart lungs stomach small intestine large intestine | balanced diet proteins muscles bones starchy carbohydrates energy infection cleanliness medicine drug dose safety instructions debate discussion continuum courteous respectful justify goals ambitions improve achieve collaboration cooperation teamwork goal-setting | first aid injury minor accident emergency blood nose bleed choking breathing airway unresponsive casualty burn scald wound recovery refuse reduce re-use rot recycle repair re-think wellbeing mental health individual unique | healthy choices organs body systems perseverance commitment resilience determination patience interpersonal skills community school community independence personal qualities celebrities | Red Cross first aid emergency 999 ambulance operator feelings responsive unresponsive dilemma risk assess aspirations |

| | | | | | | | |
|--|--|--|--|-----------------------------------|--|--|--|
| | | feelings behaviour consequences special person promise | | talents skills intelligence | | | |
|--|--|--|--|-----------------------------------|--|--|--|